

1. ___ State that participants must be at least 18 years of age in order to participate in this study. **Bold this information so it cannot be missed.** State that they should discontinue at this time.
2. ___ State your name and why you are doing this study. What will the information you obtain be used for?
3. ___ State the purpose of your study? For example, the purpose of the study is to develop new study materials or strategies, to provide insight into video game playing, to help understand the effects of exercise on stress, etc.
4. ___ Include how much time the study will take.
5. ___ State the methods, which you will use. What will be required of the participants? For exa