





both officials will let go of the log.

There is a sixty second (0:60) time limit. If a fall does not occur within sixty seconds (0:60), one (1) training fin is removed.

- If falls are occurring within the sixty second (0:60) time limit, the players will remain using the same number of training fins.
- Any time that the sixty second (0:60) time limit is reached. The match will stop, a trainer will be removed, and the fall will be restarted. The score will remain the same.

When a fall occurs, the last person to have their foot on the log will be declared the winner of that fall. The competitor who has the best three-out-of-five falls will be declared the winner for that match. A draw will be called if officials cannot see specific and noticeable differences in who made the last foot contact with the log. The fall will be replayed.

Fall Zone

There should be ten feet (10ft) of area cleared in the pool for participants to fall forward or backward off the log.

During a match, the head official should blow the whistle and stop time if there is an obstruction within ten feet (10ft)