

UNIT REPORT

Exercise Science, Physical Education and Wellness BS - Institutional Effectiveness Final Annual Report 2018

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Exercise Science, Physical Education and Wellness BS

Definition of Unit

Start: 07/01/2017

End: 06/30/2018

Progress: On Schedule

Reporting Year: 2017-2018

Providing Department: Exercise Science, Physical Education and Wellness BS

Department/Unit Contact: Christy Killman

Mission:

Research is the foundation of the belief of faculty and staff in the Department of Exercise Science, Physical Education and Wellness that all people benefit from physical activity, and that proper, skilled movement at various levels plays an important role in personal and societal wellness. Thus, the mission of the department, in accordance with the TTU Flight Plan, is to promote enhanced quality of life (wellness) through excellence in research and education related to the fields of Exercise Science, Physical Education and Wellness. All programs of study are based on educational standards and reflect the mission of the College of Education - "to provide unique and rigorous, learner-centered academic experiences for our students to achieve their highest potential as life-long learners, professionals, and citizens". The conceptual framework for the College "Effective, Engaged Professionals; Clinical Rich, Evidence-based Programs; and Network of Mutually Beneficial Partnerships" is also key and evident in the department's Mission, Vision and Goals. Both under

Type of Tool: Annual Unit Report

Frequency of Assessment: Once per academic year

Assessment Methods:

Full time tenured or tenure track faculty as well as full time instructors and lecturers within the Department of Exercise Science, Physical Education & Wellness are evaluated by the department chairperson in the annual faculty evaluation process with regard to their completion of the agreement on responsibility for the year. Overall performance is assessed including teaching, service, and scholarly activities, as appropriate for the level of service and agreement of responsibility. IDEA evaluations are also reviewed for and by faculty. Adjunct faculty are evaluated according to student input on IDEA evaluations for the instructor and the course. Some adjunct faculty, both on campus and on-line will have a drop in visit by the departmental chairperson for added evaluation information. Graduate teaching assistants in the PHED courses are evaluated during a drop in visit by the department chairperson and the IDEA evaluations for the instructor and the course.

Assessment Tool 2

Goal/ Outcome/ Objective: Activity and sport classes for TTU student body/gen ed/elective

Type of Tool: Other

Frequency of Assessment: once per academic semester

Assessment Methods:

The need for a variety of physical activity courses is evaluated by the number of students enrolled and the number of sections of each class. Which courses and how many sections offered per semester is determined in part by these two criteria. It is the goal of the department to offer ample sections of the classes that the student body wants/needs in the way of PHED activity courses. Table 4 below outlines the PHED courses, when they are taught and the number of sections offered during 2016-2017.

Table 4. 2017-2018 PHED Courses, Number of Sections, Semester Offered

Course Number	Description	Number of Sections Offered Per Semester
1002	Physical Fitness Test (Required of all EXPW Majors once per academic year)	5- Fall 5- Spring
1010	Tennis	3 – Fall Only
1020	Swimming	2 – Fall 1 - Spring
1021	Intermediate Swimming	1- Fall 1- Spring
1030	Bowling	3 – Fall 3 - Spring
1031	Advanced Bowling	1 – Fall 1 – Spring
1040	Archery	2 – Fall 2 – Spring
1070	Volleyball	3 – Fall 4 – Spring
1090	Softball	1 – Fall
1100	Golf	3 – Fall 2 – Spring
1101	Advanced Golf	1- Fall 1- Spring
1110	Badminton	1 – Fall 2 – Spring
1120	Ballroom Dance	1- Fall 1 – Spring
1145	Walk For Fitness (RODP)**	3 – Fall 3 – Spring
1150	Riflery	2- Fall 2- Spring
1160	Scuba & Skin Diving	4 - Fall 4 – Spring
1170	Karate	1- Fall 1 - Spring
1171	Kempojutsu	1 – Fall 1 – Spring

1590	Back Country Adventure I	1 - Fall
1600	Back Country Adventure II	1 - Spring
1630	Basic Caving	1 - Spring
1640	Mountain Biking Skills	1 - Fall

The research that students conduct is considered a capstone project within each of the classes. Students are also encouraged to participate in the Student Research Day at the University, and the best studies are invited to be presented at the state TAHPERD convention - Student Research Poster Presentations.

Result Goal 1

Goal/Objective/Outcome Number: 1

Results:

During the 2017-2018 academic year students who took classes in the Exercise Science department were taught by 6 full time tenured or tenure track faculty, 3 lecturers, 1 full time term appointed instructor, 16 qualified adjunct faculty and/or f ‡

PUGH	ADJ	6 HRS (2) 32	3 HRS (1) 29
RIEL	ADJ	10 HRS 166 (6)	10 HRS 146 (6)
SHEETS	ADJ	4 HRS (2) 49	4 HRS (2) 49
ZACHARY	ADJ	3 HRS (1) 25	
TOTAL		49 HRS (26) 538	44 HRS (19) 388
Key: *=Department Chair	TOTAL HOURS	TOTAL HOURS	
T= tenured TT=tenure track	193.5	205.5	
I = instructor	TOTAL # CLASSES	TOTAL # CLASSES	
D= director	78	76	TOTAL HEAD COUNT 1417
	HEAD COUNT		1604

** - Residency & Seminar for licensure students

^ - on-line graduate classes only

CLASSES & Head Count for "PHED" Activity Courses

Fall 2017

Totals **80 Classes** **1107 Headcount**

Spring 2018

Totals **73 classes** **1035 Headcount**

Attachments:

Result Goal 2

Goal/Objective/Outcome Number: 2

Results:

During the 2017-2018 academic year there were a total of 153 PHED (physical education activity courses) courses offered - 80 offered in the fall 2017 semester and 73 offered in the spring 2018 semester. All of these courses have a physical activity component, and students are provided opportunities to learn about and participate in physical activity and/or sport of their choice or liking. Skill development and knowledge acquisition is relevant to each course. Class size is controlled and kept at a safe number for maximum participation and overall student safety.

Included in the PHED numbers is the newly adopted PHED 1002 - Physical Fitness Test that is required of all Exercise Science Majors to complete once per academic year. This is a zero credit hour class and counts for 191 students in the headcount in 5 sections in the fall 2017 semester and 152 seats in 5 sections in the spring 2018 semester.

PHED Classes offered include the following:

1002 - Physical Fitness Test (F,S)

1010 - Tennis (F)

1020 - Swimming (F,S)

1021 - Advanced Swimming (F,S)

1030 - Bowling (F,S)

1031 - Advanced Bowling (F,S)

1870 - Varsity Softball

1900 - Varsity Volleyball

1910 - Varsity Football

1920 - Varsity Basketball - Men

1923 - Varsity Basketball - Women

1930 - Varsity Baseball

1940 - Varsity Tennis - Men

1953 - Varsity Golf - Women

1956 - Varsity Golf - Men

1963 - Varsity Cross Country - Women

1966 - Varsity Cross Country - Men

1970 - Varsity Soccer

1981-1940 - Varsity Gymnastics

