

Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Home Address: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Gender:  Male  Female T#: \_\_\_\_\_ Marital Status:  S  M  D  W

Emergency Contact Information: Name \_\_\_\_\_ Phone Number \_\_\_\_\_

Family Physician: Name \_\_\_\_\_ Phone Number \_\_\_\_\_

### PAST MEDICAL HISTORY

Have you had any of the following conditions or related conditions? If "yes," please describe. List frequency and severity, medications or surgery.

Yes  No Respiratory System: hay fever, asthma, tuberculosis, sinus problems? \_\_\_\_\_

Yes  No Cardiovascular: palpitations, high/low blood pressure, chest pain, heart murmur, heart disease? \_\_\_\_\_

Yes  No Blood Disease Disorders: anemia, bleeding tendencies? \_\_\_\_\_

Yes  No Muscle-Skeletal: "trick" knee, back problems, broken bones, recurrent sprains/tendonitis, deformities, arthritis? \_\_\_\_\_

Yes  No Endocrine: thyroid, diabetes, adrenal? \_\_\_\_\_

Yes  No Gastrointestinal: ulcer, gallbladder, diarrhea, constipation? \_\_\_\_\_

Yes  No Genitourinary: menstrual problem, kidney/bladder problems, prostatitis, vaginal infections? \_\_\_\_\_

Yes  No Neurological: seizures, hearing problems, head injury with unconsciousness? \_\_\_\_\_

Yes  No Psychological: anxiety, depression, other emotional disorders? \_\_\_\_\_

Yes  No Infections: rheumatic fever, malaria, hepatitis? \_\_\_\_\_

Yes  No Surgeries: tonsillectomy, appendectomy, hernia repair, other? \_\_\_\_\_

Yes  No Tumor/cyst/cancer? \_\_\_\_\_

### CURRENT MEDICAL HISTORY

Yes  No Allergies: medicines, bee stings, other? If "yes", please list: \_\_\_\_\_

Yes  No Are you currently taking any prescribed drugs or medical treatment (including birth control pills)? \_\_\_\_\_

Yes  No Do you know any reasons why you should not participate in normal physical exercise? \_\_\_\_\_

Yes  No Do you have any questions regarding your health or other matters you'd like to discuss with the Health Services staff?  No  Yes