

Monkeypox

What to Expect After Exposure

If you have been exposed to monkeypox, follow the steps below:

Monitor Your Health



Communicate with Public Health

Do not share items (like dishes, utensils, electronics, clothes, laundry, bedding) with others.

- Wash clothing, bedding, towels, in a standard washing machine with warm water and detergent (bleach can be used but is not necessary)
- Send it to the CDC for testing. Learn More