

## VITAE

### MICHAEL B. PHILLIPS, PhD, CSCS

#### PROFESSIONAL INFORMATION:

Professional Address: Tennessee Technological University  
Department of Exercise Science  
1150 McGee Blvd.  
TTU Box 5135  
Cookeville, TN 38505  
(931) 372-3469  
mbphillips@tntech.edu

Fields of Specialization: Human Performance, Fitness & Wellness,  
and Sport Management

#### EDUCATIONAL BACKGROUND:

Ph. D. Middle Tennessee State University, Murfreesboro, TN  
Human Performance (December, 2007)  
Emphases Exercise Science  
Minor Sport Management

M. A. Tennessee Technological University, Cookeville, TN  
Health and Physical Education (December, 1997)  
Emphases Pedagogy  
Minor Lifetime Wellness

B. S. Southern Illinois University, Carbondale, IL  
Social Studies (December, 1993)  
Emphases American History  
Minor Political Science

A. A. John A. Logan College, Carterville, IL  
History (May, 1991)

**PROFESSIONAL EXPERIENCE:**

Tennessee Technological University	Professor	2009-Present
East Tennessee State University	Adjunct Faculty	2015
CrossFit Ma		

Piras, S., Duval, J., **Phillips, M. B.**, Hutson, S., & Sisk, C. (2020). *Building a bridge across healthcare professionals: Inter-professional education at a university with limited health science majors*. Presentation at the Ethnographic and Qualitative Research Conference, Las Vegas, NV.

**Phillips, M. B.** (2018). *The back squat: A proposed assessment of functional deficits and technical factors that limit performance*. Presentation at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

**Phillips, M. B.** (2018). *What separates you from other candidates? What makes you different in a world of sameness?* Presentation at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

Russell, K., **Phillips, M. B.**, & Kramer, K. (2017). *NSCA: CSCS exam prep live*. Presentation at Tennessee Technological University, Cookeville, TN, December 2-3, 2017.

Cathey, R. M., & **Phillips, M. B.** (2017). *Nutrition for the young athlete*. Presentation at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

**Phillips, M. B.** (2017). *Sports Nutrition*. Presentation for the White County High School Baseball team, White County High School, Sparta, TN.

Hurley, S., & **Phillips, M. B.** (2017). *Nurses' health practices and their perceptions of self as role models of health and the need for positive intervention*. Presentation at the American Association of Behavioral and Social Sciences, Las Vegas, NV.

Cathey, R. M., & **Phillips, M. B.** (2016). *Mobility exercises in physical education*. Presentation at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

**Phillips, M. B.**, & Chambers, J. (2016). *Dynamic warmup movement assessment for your athletes*. Presentation at the Physical Education and Lifetime Wellness Summer Workshop, Prescott Middle School, Cookeville, TN.

**Phillips, M. B.**, & Chambers, J. (2016). *Mobility techniques and correctives to improve athletic performance*. Presentation at the Physical Education and Lifetime Wellness Summer Workshop, Prescott Middle School, Cookeville, TN.

Chambers, J., & **Phillips, M. B.** (2016). *Understanding the air squat and the push up*. Presentation at the Physical Education and Lifetime Wellness Summer Workshop, Prescott Middle School, Cookeville, TN.

**Phillips, M. B.** (2016). *Go-to move*  
Trinity Algood, Cookeville, TN.

**Phillips, M. B.**, Chambers, J., Bohannon, M., & Funk, D. (2015). *Causality between hand span and grip strength*. Poster presentation at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

Cathey, R. M., & **Phillips, M. B.** (2015). *Are parents ruining youth sports?* Presentation at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN 0 0 1 181.1 708.82 Tm0 g0 G[(, C)-2(ha)4(mber)5(s, J)-11(., B)7(

Cathey, R. M., & **Phillips, M. B.** (2014). *What is the LTAD?* Presentation at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

**Phillips, M. B.**, & Cathey, R. M. (2014). *The evolution of your coaching philosophy throughout the LTCD process.* Presentation at the annual National Coaching Conference, Washington, DC.

Cathey, R. M., & **Phillips, M. B.** (2014, February). *Peak performance for traditional and sabermetrics statistics in Major League Baseball pitchers from 1900 – 2012.* Poster session presented at the annual Southern District Association of Health, Physical Education, Recreation, and Dance Conference, Lexington, KY.

**Phillips, M. B.**, & Altom, J. (2013). *CrossFit: Teaching the proper air squat.* Presentation at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

**Phillips, M. B.**, Flanagan, C., Hicks, T., & Phillips, K. (2013). *What effect does a 6-week traditional vs. non-traditional (CrossFit- HIT) weight training class and gender have on muscular endurance?* Presentation at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

**Phillips, M. B.**, & Garrett, K. (October, 2013). *What effect does body composition and BMI have on systolic blood pressure?* Poster session presented at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

**Phillips, M. B.** (2013). *Research: Measuring training performance variables and functionality.* Presentation at CrossFit Mayhem to University of Radford undergraduate students, Cookeville, TN.

Hoogestraat, F., **Phillips, M. B.**, & Rosemond, L. (2013). *Do elite athletes automatically make elite coaches? How a first-year coaches workshop can develop the blueprint for effective coaching.* Presentation at the annual National Coaching Conference, Colorado Springs, CO.

**Phillips, M. B.**, & Chaffin, B. (2012). *Coaching the modern-day athlete.* Presentation at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

**Phillips, M. B.**, Froning, R., Bailey, D., & Altom, J. (2012). *CrossFit: Training & coaching.* Presentation at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

Hoogestraat, F., **Phillips, M. B.**, & Rosemond, L. (2012). *Missing ingredients for new coaches: How a first-year coach orientation could help new coaches succeed.* Presentation at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

Rosemond, L., Hoogestraat, F, **Phillips, M. B.**, & Cathey, M. (2012). *I'm thinking about getting my master's or doctorate degree*. Panel discussion at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

Hoogestraat, F., & **Phillips, M. B.** (2012). *The not-so-obvious tools coaches might be missing*. Presentation at the annual National Coaching Conference, Indianapolis, IN.

**Phillips, M. B.** (2012). *Fitness and healthy eating for kids*. Presentation at Algood Head Start Program, Algood, TN.

Hoogestraat, F., & **Phillips, M. B.** (2012). *You'll survive best as a coach with an authentic coaching philosophy!* Presentation at the annual Southern District Association of Health, Physical Education, Recreation, and Dance Conference, Orlando, FL.

**Phillips, M. B.**, & Chaffin, B. (2011). *Developing your coaching philosophy*. Presentation at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

Hoogestraat, F., & **Phillips, M. B.** (2011). *Teach skills of mental toughness through periodization*. Presentation at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

Hoogestraat, F., Rosemond, L., & **Phillips, M. B.** (2011, June). *Key issues that confront beginning college coaches*. Poster session presented at the annual National Coaching Educators Conference, Colorado, Springs, CO.

**Phillips, M. B.**, Rosemond, L., & Hoogestraat, F. (2011). *Building the best, strategic practices using tools of periodization and games approach*. Presentation at the annual American Alliance for Health, Physical Education, Recreation and Dance National Convention, San Diego, CA.

Hoogestraat, F., Rosemond, L., & **Phillips, M. B.** (2011, February). *Building meaningful, productive practices using simplified periodization, games approach and John*

Hoogestraat, F., Rosemond, L., & **Phillips, M. B.** (2010, June). *How student-athletes reported stories of 'worst practices' of coaches both affirm the National Coaching Standards and outline our course curriculum.* Poster session presented at the annual National Coaching Educators Conference, Savannah, GA.

**Phillips, M. B.** (2010). *Linking values to philosophy.* Presentation at the annual National Association of Kinesiology and Physical Education in Higher Education National Conference, Scottsdale, AZ.

Killman, C., Folio, M. R., & **Phillips, M. B.** (2010). *More than physical education: One program's success story.* Presentation at the annual National Association of Kinesiology and Physical Education in Higher Education National Conference, Scottsdale, AZ.

Hoogestraat, F., Rosemond, L., & **Phillips, M. B.** (2009). *Worst practices in coaches and why?* Presentation at the annual Tennessee Association of Health, Physical Education, Recreation and Dance Conference, Murfreesboro, TN.

**Phillips, M. B.** (2007). *Athletes' perceptions of coaching competency among National Christian Collegiate Athletic Association Division II head men's basketball coaches.* Presentation at

**Phillips, M. B.** (2016, March). *Fitness and wellness*. Presentation for Mr. Patrick EXPW 1022 Introduction to Kinesiology class. Department of Exercise Science, Physical Education, and Wellness, Tennessee Technological University, Cookeville, TN.

**Phillips, M. B.** (2015, November). *Professional preparation for Pre-PT/OT*. Presentation for Pre-PT/OT students. Department of Exercise Science, Physical Education, and Wellness, Tennessee Technological University, Cookeville, TN.

**Phillips, M. B.** (2015, November). *Fitness and wellness*. Presentation for Mr. Patrick EXPW 1022 Introduction to Kinesiology class. Department of Exercise Science, Physical Education, and Wellness, Tennessee Technological University, Cookeville, TN.

**Phillips, M. B. (2015, March).** *Fitness and wellness*. Presentation for Mr. Patrick EXPW 1022 Introduction to Kinesiology class. Department of Exercise Science, Physical Education, and Wellness, Tennessee Technological University, Cookeville, TN.

**Phillips, M. B., & Chitiyo, G.** (2015). *How to get published* **Pre**



**Phillips, M. B.** (2014). *How to pray*. Presentation at Baptist Collegiate Ministries, Tennessee Technological University, Cookeville, TN.

**Phillips, M. B.** (2014). *Fitness and wellness*. Presentation EXPW 1022 Introduction to Kinesiology class. Department of Exercise Science, Physical Education, and Wellness, Tennessee Technological University, Cookeville, TN.

**Phillips, M. B.** (2013). *CrossFit: Teaching the proper air squat*. Presentation at the Physical Education & Lifetime Wellness Summer Workshop, Tennessee Technological University, Cookeville, TN.

**Phillips, M. B.** (2012). *Praying with a purpose*. Presentation at Baptist Collegiate Ministries, Tennessee Technological University, Cookeville, TN.

**Phillips, M. B.** (2010). *Physical activity: Walk the walk*. Presentation in HEC 2020 Nutrition. Department of Human Ecology, Tennessee Technological University, Cookeville, TN.

**Phillips, M. B.** (2009). *Coaches panel*. Presentation in EXPW 4171 Sport Psychology. Department of Exercise Science, Physical Education, and Wellness, Tennessee Technological University, Cookeville, TN.

**Phillips, M. B.** (2009). *Responsibilities of an athletic director*. Presentation in EXPW 1022 Introduction to Kinesiology. Department of Exercise Science, Physical Education, and Wellness, Tennessee Technological University, Cookeville, TN.

**Phillips, M. B.** (1997). *The prediction of athletic potential in high school boys' basketball*. Presentation at the 5<sup>th</sup> Annual Departmental Research Symposium. Department of Health and Physical Education, Tennessee Technological University, Cookeville, TN.

**Phillips, M. B.** (1997). *Be smart to your heart*. Public presentation at Health Promotions Program. Campus Recreation and Fitness Center, Tennessee Technological University, Cookeville, TN.

**Phillips, M. B.** (1997). *Weigh your options*. Public Presentation at Health Promotions Program. Campus Recreation and Fitness Center, Tennessee Technological University, Cookeville, TN.

## **BOOKS PUBLISHED:**

**Phillips, M. B.** (2021). *Statistics in exercise science*. Kendall-Hunt.

## **ARTICLES PUBLISHED:**

**Phillips, M. B.**, & Richards, J. R. (in progress). Exploring Protestant Christian perceptions of health behaviors: A qualitative study in Bible Belt churches.

Richards, J. R., **Phillips, M. B.**, Severt, B., & Potter, D. (2024). An analysis of Protestant

Jubenville, C. B., Lund, B., **Phillips, M. B.**, & Martinez, M. (2014). The effect of a sportsmanship education module on student-athletes' sportsmanship perceptions and behaviors in NCAA Division I athletics. *International Journal of Sport Management*, 15(1), 49-70.

Currie, S. M., **Phillips, M. B.**, & Jubenville, C. B. (2012). Formulating independent school K-12 quality physical education program guidelines. *The Physical Educator*, 69, 248-264.

Ford, D. W., Jubenville, C. B., & **Phillips, M. B.** (2012). The effect of the STAR Sportsmanship education module on parents' self-perceived sportsmanship behaviors in youth sport. *Journal of Sport Administration & Supervision* 4(1), 114-126.

**Phillips, M. B.**, & Jubenville, C. B. (2009). Student-athletes at colleges. *Journal of Sport Administration &*



Sanders, K., Ramsaur, M., Ledford, C., & **Phillips, M. B.** (2020, April). Is there a relationship between BMI and grip strength? Poster session presented at the 15<sup>th</sup> Annual TTU Student Research & Creative Inquiry Day, Tennessee Technological University, Cookeville, TN.

Payne, C., Langford, K., Parrott, K. & **Phillips, M. B.** (2019, April). What effect does static vs dynamic warm-up have on flexibility? Poster session presented at the 14<sup>th</sup> Annual TTU Student Research & Creative Inquiry Day, Tennessee Technological University, Cookeville, TN.

Bumpas, A., Garrard, E. C., Clabo, K., & **Phillips, M.B.** (2019, April). Is there a relationship between resting heart rate and body fat percentage? Poster session presented at the 14<sup>th</sup> Annual TTU Student Research & Creative Inquiry Day, Tennessee Technological University, Cookeville, TN.

Perkins, J., Peach, B., & **Phillips, M. B.** (2018, April). What effect does shod vs. unshod running have on step frequency? Poster session presented at the 13<sup>th</sup> Annual TTU Student Research & Creative Inquiry Day, Tennessee Technological University, Cookeville, TN.

Hunter, C., & **Phillips, M. B.** (2016, April). Effect of static and dynamic stretching on lower body power. Poster session presented at the 11<sup>th</sup> Annual TTU Student Research Day, Tennessee Technological University, Cookeville, TN.

White, J., & **Phillips, M. B.** (2016, April). Relationship between 1-RM bench press and 40-yard dash. Poster session presented at the 11<sup>th</sup> Annual TTU Student Research Day, Tennessee Technological University, Cookeville, TN.

Scudder, K., & **Phillips, M. B.** (2016, April). Effect of leg dominance on lower body power. Poster session presented at the 11<sup>th</sup> Annual TTU Student Research Day, Tennessee Technological University, Cookeville, TN.

Chambers, J., Funk, D., Bohannon, M., & **Phillips, M. B.** (2015, April). *The causality between hand span and grip strength.* Poster session presented at the 10<sup>th</sup> Annual TTU Student Research Day, Tennessee Technological University, Cookeville, TN.

Herod, D., Gibson, C., Boles, S., & **Phillips, M. B.** (2015, April). *What effect does speed have on endurance?* Poster session presented at the 10<sup>th</sup> Annual TTU Student Research Day, Tennessee Technological University, Cookeville, TN.

Flanagan, C., Hicks, T., Phillips, K., Miles, C., & **Phillips, M. B.** (2014, April). *What effect does a six and 12-week traditional vs. non-traditional (CrossFit- HIT) weight training class and gender have on muscular endurance?* Poster session presented

Martin, K., Atkinson, B., Roberts, J., & **Phillips, M. B.** (2014, April). *What effect does lower body power have on speed?* Poster session presented at the 9<sup>th</sup> Annual TTU Student Research Day, Tennessee Technological University, Cookeville, TN.

Ragan, T., Hughes, T., Arnold, Z., & **Phillips, M. B.** (2014, April). *Grip strength of dominant hand vs. non-dominant hand.* Poster session presented at the 9<sup>th</sup> Annual TTU Student Research Day, Tennessee Technological University, Cookeville, TN.

**Phillips, M. B.**, Flanagan, C., Hicks, T., & Phillips, K. (2013). *What effect does a 6-week traditional vs. non-traditional (CrossFit- HIT) weight training class and gender have on muscular endurance?* Presentation at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

**Phillips, M. B.**, & Garrett, K. (October, 2013). *What effect does body composition and BMI have on systolic blood pressure?* Poster session presentation at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

#### **PROFESSIONAL COURSES TAUGHT:**

Research and Dissertation Graduate (Ph.D.)  
Health Behavior and Wellness Education Research Graduate (Ph.D.)  
Research Project Graduate  
Seminar in Exercise Science Graduate  
Perspectives on Physical Education, Sport, and Fitness Programs Graduate  
Research Methods Graduate  
Wellness Promotion Graduate  
Applied Motor Development & Motor Learning Graduate  
Research Methods  
Assessment and Evaluation  
Exercise Prescription  
Functional Movement  
Introduction to Sport Management  
Facility Planning and Management  
Motor Development/Motor Learning  
Introduction to Kinesiology  
Connections to Exercise Science, Physical Education, and Wellness  
Coaching Individual Sports  
Assistant instructor and evaluator for practicum and student teachers  
Administration and Supervision of Physical Education  
Sport Management  
School Health  
Introduction to Safety Education  
Lifetime Fitness  
Coaching Techniques  
Teaching Secondary Health and Physical Education  
Research and Internship in Exercise Science  
Research Project in Exercise Science

First Aid/CPR

**ACTIVITY COURSES TAUGHT:**

Adjunct Faculty Member	Tennessee Technological University	2001
Assistant Director, Intramurals	Tennessee Technological University	2000-2001
Chairman, Emergency Plan	Maury County Health Department	2000
Chairman, Public Health Week	Maury County Health Department	2000
Adjunct Faculty Member	Roane State Community College	1999
Supervisor, 200 clients on misdemeanor probation	PSI-LLC	1998-1999
Supervisor, summer basketball camp	Southern Illinois University	1995
Supervisor, summer basketball camp	University of Kentucky	1994
Supervisor, summer basketball camp	University of Kansas	1994
Supervisor, student work-force	Southern Illinois University	1991-1993

#### **MEMBERSHIPS IN PROFESSIONAL ORGANIZATIONS & ACTIVITIES:**

Faculty Mentor, Mr. Elliot Scott (2023)  
 Faculty Mentor, Mr. Elliott Scott (2022)  
 Faculty Mentor, Mr. Beau Wynn (2022)  
 Dissertation Committee Chair, Dr. Bobbi Severt (2022)  
 Dissertation Committee, Dr. Beau Wynn (2022)  
 Promotion Committee, Dr. Sue Piras, College of Nursing (2022-2023)  
 Honor Program Faculty Mentor Salem Swallows (2022)  
 Promotion Committee, Dr. Ann Hellman, College of Nursing (2021-2022)  
 Promotion Committee, Dr. Shelia Hurley, College of Nursing (2021-2022)  
 iLearn Widget and Navbar Team Committee (2022)  
 Video Platform Review Committee (2021)  
 Honors Program Faculty Mentor Gittle Sciolis (2021)  
 Promotion Chair for Dr. Jessica Richards (2020-2021)  
 Tenure Chair for Dr. Jessica Richards (2020-2021)  
 Promotion Chair for Mr. Steve Smith (2019-2020)  
 EXPW Kinesiology Tenure-Track Search Committee, Equity Chair (2019-2020)  
 EXPW Sport Management Tenure-Track Search Committee (2020)  
 EXPW Research Tenure-Track Search Committee, Chair (2020)





TAHPERD Southern District, Advocacy Standing Committee Member

-reviewer

(2013)

Committee member, Developed new Sport Management Concentration, Graduate level

(2013)

Supervised project at TTU for the updated revisions for the Peabody Motor Development Scale (2012-2013)

Search Committee for Sport Management Faculty in EXPW Department (2012)

Academic Reviewer for Midway College. Reviewing Sport Management program for accreditation (2012)

Committee for Obesity Prevention Task Force, TTU (2012)

(2012)

Revenu

(2012)

Faculty Sponsor, Zeta Psi Chapter of Phi Epsilon Kappa, TTU

Zeta Psi Chapter of Phi Epsilon Kappa

National Strength & Conditioning Association (NSCA)

Society of Health and Physical Educators (SHAPE)

Tennessee Association of Health, Physical Education, Recreation and Dance

Book Reviewer, *ACSM's Introduction to Exercise Science*

Southeast Chapter of the American College of Sports Medicine (2010-11)

Kappa Delta Pi Honor Society

Golden Key National Honor Society

## **HONORS & AWARDS:**

Exercise Science Teaching Award (2023).

Nominated for Outstanding Teacher Award for the College of Education Teacher

Appreciation Awards (2021).

Nominated for the 1<sup>st</sup> Annual Tennessee Tech University Scholar-Mentor Award (2015).

Nominated for Outstanding Teacher Award for the College of Education Teacher

Appreciation Awards (2015).

## **CERTIFICATIONS:**

Certified Strength and Conditioning Specialist, CSCS (2015-Present)

CPR/AED for Professional Rescuers (2021-2023)

Positive Coaching Alliance, Double-Goal Coach I: Coaching for Winning & Life Lessons

Education.

## **IMPROVEMENT IN SCHOLARLY QUALIFICATIONS:**

Attended the Ethnographic and Qualitative Research Conference, Las Vegas, NV, February 23-25, 2020.

Attended TAHPERD State Convention, Murfreesboro, TN, October 28-30, 2018.



Attended the College of Education Data Retreat (NCATE visit), Tennessee Technological University, Bartoo Hall, August 20-21, 2012.

Attended the National Coaching Conference, Indianapolis, IN, June 19-21, 2012.

Attended Faculty Workshop: Learning about Learning Formative Assessment. Tennessee Technological University STEM Center, February 24, 2012.

Attended Southern District Association of Health, Physical Education, Recreation, and Dance Conference, Orlando, FL, February 8-11, 2012.

Attended Faculty Workshop: Learning about Learning in Higher Education. Tennessee Technological University STEM Center, December 9, 2011.

Attended Faculty Workshop: Learning about Learning in Higher Education. Tennessee Technological University STEM Center, November 11, 2011.

Attended TAHPERD State Convention, Murfreesboro, TN, November 6-8, 2011.

Attended TAHPERD Southern District Leadership Development Conference, Tennessee Technological University, Cookeville, TN, September 10, 2011.

Attended Fall Faculty Workshop: Formative Assessment in the Higher Education Setting, Tennessee Technological University STEM Center, August 10, 2011.

Attended CrossFit Level 1 Trainer Certification Course, Athletic Performance Center, Tennessee Technological University, Cookeville, TN, August 6-7, 2011.

Attended TAHPERD Southern District Leadership Development Conference, Chapel Hill, TN, April 15-16, 2011.

Attended AAHPERD National Convention, San Diego, CA, March 29-April 2, 2011.

Attended iLearn Workshop, Tennessee Technological University, December 16, 2010.  
Mr. Hunter Kaller (TTU Technology Institute).

Attended SMART Beginner and Intermediate Lesson Development Workshop, Chicago, IL, November 4-5, 2010.

Attended TAHPERD State Convention, Murfreesboro, TN, October 31-Nov 2, 2010

Attended the Upper Cumberland Coordinated School Health Summer Workshop, Cookeville, TN, June 17-18, 2010.

Attended TAHPERD Southern District Leadership Development Conference, Murfreesboro, TN, April 16-17, 2010.



Person of Interest Leadership Workshop, Burt Leadership Training, Murfreesboro, TN, August 22, 2014

SHAPE America Southern District Leadership Conference, Atlanta, GA, August 8-9, 2014

Zebras & Cheetahs Leadership Workshop, Burt Leadership Training, Murfreesboro, TN, July 31, 2014

Reset Leadership Workshop, Burt Leadership Training, Murfreesboro, TN, July 28, 2014

Attended GROW Leadership Conference, Birmingham, AL, July 8-9, 2014.

Package & Sell Your Special Leadership Workshop, Burt Leadership Training, Murfreesboro, TN, June 16, 2014

Nike Basketball Coaching Clinic, Las Vegas, NV, May 6-8, 2005

Nike Basketball Coaching Clinic, Las Vegas, NV, May 12-14, 2003

Computer Workshop Training in File Management, PowerPoint, Microsoft Access 97 and Excel conducted by Chuck Wortman at the Regional Health Department in Columbia, TN, April 11-12, 2000.

HIV/AIDS workshop conducted by Columbia Regional Hospital, Columbia, TN, March 1, 2000.

Juvenile Task Force workshop conducted by the Columbia Police Department, Columbia, TN, January 25, 2000.

### **COACHING EXPERIENCE:**

Algood Fall Youth Baseball League, Asst. Coach	2010
Algood Spring Youth Baseball League, Asst. Coach	2010
Putnam County Youth Training League Head Boys Basketball Coach	2009-2010
Algood Fall Youth Baseball League, Asst. Coach	2009
Algood Spring Youth Baseball League, Asst. Coach	2009
Director, Summer Basketball Camp, TDF	2008
YMCA Youth Baseball League, Asst. Coach	2008

Director, Summer Basketball Camp, TDF	2007
Donelson Youth Baseball League, Bench Coach	2007
National Youth Soccer League, Assistant Coach	2006
Welch College Head	2002-2006
Jr. Pro Boys Basketball Coach, Cookeville, TN	1997
Southern Illinois University Basketball Camp, Coach	1995
Johnston City Elementary School, Johnston City, IL 5 <sup>th</sup> Grade Boys Basketball Coach	1995
Johnston City Jr. High School, Johnston City, IL 7 <sup>th</sup> Grade Boys Basketball Coach	1994-1995
University of Kentucky Basketball Camp, Coach	1994
University of Kansas Basketball Camp, Coach	1994
Johnston City Jr. High, Johnston City, IL Assistant Track Coach	1994
Johnston City Jr. High, Johnston City, IL 8 <sup>th</sup> Grade Boys Basketball Assistant Coach	1993

#### **COMMUNITY INVOLVEMENT:**

Volunteer Open Sky Arts Community Outreach	2023
White Plains Academy Christmas Shoe Drive	2023
CPC Annual Fund-raising event set up	2021
Presentation at Heavenly Host Middle School	2021
CPC Annual Fund-raising event guest speaker	2020
Board of Directors, Trinity Algood	2019-2020
Board of Directors, Restoration House	2019-Present
Mayhem for Mustard Seed, Judge	2019
Mayhem Showdown (Fundraiser for CPC), Judge	2019
Sports Nutrition for White Co. High School Baseball Team	2017
Upper Cumberland Fitness Cooperative	2015-Present
L.B.J. & C. Head Start Health Services Advisory Committee	2014-Present
Convoy of Hope Community Outreach	2016
	2016
Key to Staying Healthy and Functional, 1400 The Hub Talk Radio	2015
Kaleo Kids, Board of Directors	2009-2014

Volunteer, Collegieside Church of Christ Thanksgiving Community Meal	2013
Volunteer, Algood Elementary School	2013
Cancer Prevention Study CP3 Study Volunteer	2012
Presentation on Fitness & Nutrition, Algood Head Start Program	2012
Area 9 Special Olympics Annual Summer Games, TTU	2012
Area 9 Special Olympics Annual Summer Games, TTU	2011
Algood Fall Youth Baseball League, Asst. Coach	2010
Area 9 Special Olympics Annual Summer Games, TTU	2010
Algood Spring Youth Baseball League, Asst. Coach	2010
Life Group Leader, Poplar Grove Baptist Church	2009-2010
Putnam County Basketball Youth Training League, Head Coach	2009-2010
Algood Fall Youth Baseball League, Asst. Coach	2009
Algood Spring Youth Baseball League, Asst. Coach	2009
Area 9 Special Olympics Annual Summer Games, TTU	2009
Area 9 Day Dance, TTU	2009
Faith in Action Committee Member	2008-2009
YMCA Youth Baseball League, Asst. Coach	2008
Life Group Leader, The Donelson Fellowship	2007-2009
Global Outreach Committee, The Donelson Fellowship	2004-2009
Donelson Youth Baseball League, Bench Coach	2007
National Youth Soccer League, Assistant Coach	2006
Norman Binkley Elementary School, Field Day Assistant	2006
Life Group Leader, Cookeville Free Will Baptist Church	1998-2002
	1999
Special Olympics, Tennessee Technological University	1996-1998
Jr. Pro Assistant Basketball Coach	1997
Special Olympics, Southern Illinois University	1993



**REFERENCES:**

Dr. Pat Jordan                      Emeritus Faculty TTU                      816 Manning Place  
Cookeville, TN 38501  
(931) 349-7483 (cell)  
(931) 528-5607 (home)  
[yiayiapat8@gmail.com](mailto:yiayiapat8@gmail.com)

Dr. LeBron Bell                      Emeritus Faculty TTU                      222 Parragan Rd.  
Cookeville, TN 38506  
(931) 537-9821  
[lbell@tntech.edu](mailto:lbell@tntech.edu)

Mr. Steve Smith                      Master Instructor                      Tennessee Tech/F2 12 Tf1 0 0 1 32612 792 reW\*<sup>n</sup> 2