

# Campus Recreation Advisory Board Meeting

March 25, 2024

In Attendance: Les Fralix, Chairperson, Jane Liu, Kim York, Sandra Bohannon, Peggy Nettenstrom, Amy Foster, Kathy Hammons, Denise Colwell and Audrey Cody

Election of Chairperson

The floor was opened to nominations. Peggy made a motion that Les continue in the position as Chair, Kim York seconded, all were in favor.

Facility Usage fall of 2023

102, 709 taps (ID Card access)

Students 85,798

Other\* 16,000

\*Other is defined as Non-Student Access

Gaming Cave

New paint, LED lighting, and new chairs were added to enhance the gaming experience.

Students interested in playing in the Gaming Cave can bring their own consoles.

E-Sports & Super Smash gaming events are coming up soon.

Campus Recreation will provide updates on participation and use at the next Advisory Board meeting in the fall of 2024.

Mirror Donation

A local dance studio that was closing, donated 4 large 4 x 8 mirror sheets for the building. The mirrors will be installed on the wall in the weight room. There are plans to install the remaining mirrors in other spaces around the building where appropriate.

Eagles Outdoors

Plans are underway to offer more trips to students. We have received approval to allow EPI pen use in the event of a medical emergency while on a trip and will only be used on trips where emergency treatment is more than one hour away.

Fitness Classes

The cost to students was \$1 per class, but it is now free to students.

At the beginning of the semester, we only scheduled two SPIN classes, but because of the popularity we had to open another class. 10 Bikes have been set up to reserve online, and there are 5 other bikes for walk ins.

HIIT/Pilates is another popular class option with 40-50 participants per class. We ordered a

to their frustrations whether it is plate smashing, axe throwing or Virtual Reality. This event is scheduled for Tuesday, April 9 from 5 p.m. – 8 p.m.

on Tuesday, October 1, 2024. This event raises funds for the Food Pantry. We need volunteers and cook teams. Last year, the event raised \$2200 for the food pantry, with over 700 tickets sold. More information will be made available later in the year.

Easter Weekend abbreviated hours.

Thursday, 6-6, Friday CLOSED, Saturday 9-3, Sunday 5-10.

Chairperson Fralix opened the floor to questions.

Question - Because of the popularity of the fitness classes, are there plans to offer more?

Answer - Yes, we must determine the formula for successful classes. Is it the instructor? the type of class? What are the trends? We also must find students who would be willing to teach a class. Once hired, the new Assistant Director for Fitness and Wellness will be responsible for coordinating innovative programs and classes.

There were no other questions or comments. The meeting was adjourned.